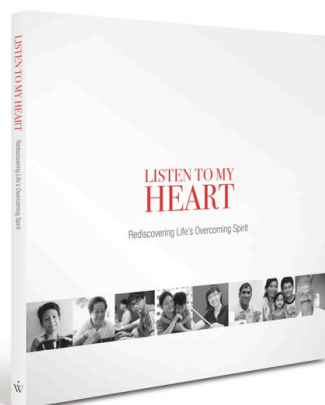


NEW RELEASE 2012



## Listen to My Heart

Rediscovering Life's Overcoming Spirit

*Listen to My Heart* celebrates life's overcoming spirit. It tells the compelling life stories of a brave group of individuals, subtly woven into a tapestry of extraordinary inspiration. Despite being plagued by unfathomable adversity, these individuals are able to harness the quiet strength within them, rise up each time they fall, and persevere for a better tomorrow. Their stories are precious life lessons on the indomitable human spirit that resides in every individual; it however, demands one to have the courage, the will and the determination to discover, develop and display the spirit in the midst of one's own story of challenges.

Read, reflect, and share *Listen to My Heart*; and let your heart glow.

Book available only through donation to TOUCH Community Services  
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## ABOUT TOUCH COMMUNITY SERVICES

TOUCH Community Services is committed to the well being of all people, reaching out to various levels of needs in the community. TOUCH has an integrated network of 17 services, 11 centres and 12 children's clubs located at different parts of Singapore, including Bukit Merah, Clementi, Geylang Bahru, Hougang, Serangoon, Toa Payoh, Ubi and Yishun. Over the last 20 years, TOUCH has reached out to many individuals from all religions and races, including children, youths, families, elderly and those with special needs and healthcare needs.

- ▶ Children Service Group
- ▶ Youth Service Group
- ▶ Family Service Group
- ▶ Elderly Service Group
- ▶ Special Needs Service Group
- ▶ Healthcare Service Group
- ▶ TOUCH Community Services International

For more information: Call +65 63770122 Email [tcs@touch.org.sg](mailto:tcs@touch.org.sg)



**"Behind each story and with each person are a few more heroes and heroines who have touched lives through the work they do... These stories are a testament of the good work of TOUCH Community Services."**

**RADM (RET) KWEK SIEW JIN**  
 President, National Council of Social Service  
 In His Foreword