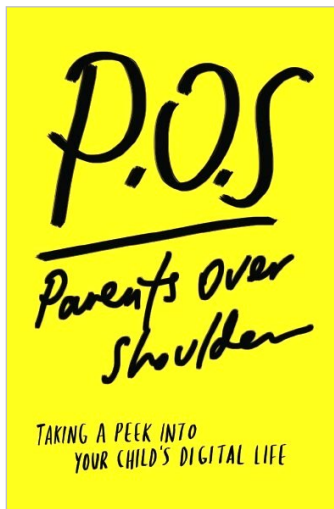


RELEASE 2013



P.O.S: Parents Over Shoulders

Taking a Peek Into Your Child's Digital Life

P.O.S or Parents Over Shoulder invites you to take a peek into your children's digital life. Written from teenagers' perspectives, through letters addressed to parents, you will have a better understanding of the digital world they live in and how to connect with them more effectively in this digital age. Tips from cyber wellness counsellors are also provided in this book to help you better understand your children's online motivations, learn more about the invisible virtual world and introduce simple methods of connecting with them. It is time for you to step into the digital world and ride the digital wave together with your children!

NOT FOR SALE

ISBN13: 978-981-07-5608-6 (paperback) | No. of Pages: 88 pages | 210mm x 140mm

ISBN13: 978-981-07-5609-3 (e-book)

Enquiry: publisher@writeeditions.com | tcs@touch.org.sg

Published by TOUCH Community Services

Produced by Write Editions

Paperback available via enquiry: tcs@touch.org.sg

CONTENTS OUTLINE

The 10 chapters are written to help parents, educators, youth workers in three core areas:

- Understanding Your Teens in the Digital Age
- Knowing Your Teens' Digital Lifestyle
- Connecting with Your Teens Digitally

“TOUCH Cyber Wellness has been able to make a difference with young people and their parents on video-gaming issues because the counsellors know the video games, the youths and the pertinent issues exceedingly well.”

DR TIMOTHY SIM

Assistant Professor, Department of Applied Social Sciences
The Hong Kong Polytechnic University

“TOUCH Cyber Wellness plays a pivotal role in helping young people and parents in cyber wellness issues, especially that of video-gaming addiction.”

DR ANGELINE KHOO

Associate Professor, Psychological Studies Academic Group
National Institute of Education
Nanyang Technological University [Singapore]