THE HAPPY STUDENT
5 Steps to Academic Fulfillment and Success

Are you a happy, motivated student? Or do you drag yourself to class every morning?

In The Happy Student, Daniel Wong describes the five key steps you need to take in order to become a happy, fulfilled, and successful student. Daniel scored straight As all through college and received numerous academic honors and awards, but he didn’t find fulfillment in his achievements until he discovered the five steps. Daniel draws on his personal journey—from unhappy overachiever to happy straight-A student—to guide you through your own transformational process. If you’re a high school or college student who has begun to question what the true purpose of education is, The Happy Student will lead you to the right answer. If you’re a teacher or parent, you’ll find inspirational ideas in The Happy Student to help your students and children become intrinsically motivated.

“...You must become purpose-driven rather than performance-driven,” says Daniel. “You must ask the ‘why’ questions before you ask the ‘how’ questions. You must learn how to climb the ladder more effectively, but only after you’ve made sure that the ladder is leaning against the right wall.”

Daniel Wong graduated summa cum laude from Duke University in 2011 with a double major in Mechanical Engineering and Economics. Born in South Africa, he lived in Hong Kong and Singapore before heading to Duke University (Durham, North Carolina, USA) on a full academic scholarship. Before college, Daniel spent two years in the Singapore military as an infantry battalion manpower officer, and currently holds the rank of First Lieutenant. Daniel is passionate about education and has given numerous talks to students about topics such as goal-setting, time management, college life skills, and developing a personal vision for your life. He also gave a TEDx talk at Duke University entitled Realistic Idealism: Seeing People as People. He writes regularly about topics related to education, career, and personal development at www.danielwong.com.

ABOUT THE AUTHOR

PRAISE FOR THE HAPPY STUDENT

“When I read The Happy Student, I see hope for the future.”

PROFESSOR SU GUANING | PRESIDENT EMERITUS, NANYANG TECHNOLOGICAL UNIVERSITY, IN HIS FOREWORD

“Listen to Daniel’s advice—your happiness as a student and lifelong learner depends on it.”

SUE WASIOLEK, ED.D. | CO-AUTHOR, GETTING THE BEST OUT OF COLLEGE

“The Happy Student is a must-read for any student who is determined to bring about real change in his or her life!”

AMIT GAMANE | NATIONAL UNIVERSITY OF SINGAPORE STUDENT