

RELEASE 2021



Profiles *in* Resilience

Reflections in the Time of Covid-19

Tough times don't last, but tough people do! The recipe for resilience lies in the practice and joy of being in touch with humanity and nature. *Profiles in Resilience* has been inspired by the crisis wrought by the Covid-19 pandemic. In spite of their humble beginnings – some beset by abject poverty – the 20 individuals featured in the book are able to emerge as accomplished leaders in their fields, through sheer diligence, perseverance and dare. They have been senior civil servants, corporate leaders, university professors, and even a top motor racer and fashionista.

The universal thread that weaves the tapestry of their resilience is indefatigability. Verily, the post-pandemic era will require reimagining not just how to rebuild our economy – or even lives – but more urgently, envisioning what social and mental capital can create. It starts with distinguishing what truly matters – human relationships and our care for planet earth.

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ON *PROFILES IN RESILIENCE*

“I find *Profiles in Resilience* inspiring because many of the writers were born very poor, (yet) they rise to the top of their vocations . . . I am struck by the good values which they all uphold – *integrity, compassion and optimism.*”

TOMMY KOH

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In His Foreword