

RELEASE 2021



## Steps to Heaven

Death is a difficult concept to explain to young children. While it is hard for them to understand, it is a crucial conversation not to avoid. *Steps to Heaven*, authored by 10-year-old Hannah Goh and illustrated by her eight-year-old brother Callum Goh, is a book written by children for children. It is about a little girl named Gracie who learns to come to grips with the death of her *Nai Nai*.

This book can be used as a conversation starter with young children to introduce the concept of dying. It can also be helpful for family with someone who is diagnosed with a life-limiting illness. Adults can use the situations portrayed to talk about the changes that may be occurring and lead young children to express their emotions and concerns. This is an important step in helping them to build resilience. *Steps to Heaven* aspires to be a blessing to all. The book includes a "Special Note to Parents and Caregivers" from the author's/illustrator's mother, Dr May Lim. She writes about helping children to learn to cope with the situation of life-limiting illness/death in a family. Dr May Lim is an experienced occupational therapist and is an Associate Professor at the Singapore Institute of Technology (SIT).

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## ABOUT THE AUTHOR & ILLUSTRATOR



**HANNAH GOH** has always been an avid reader. She enjoys going to primary school, and in her free time writing short stories with her best friend. This is her first book. She was inspired from witnessing how her godmother bravely fought cancer and gracefully lived her last days. She hopes that children will enjoy reading the book and parents can explain more to their children about difficult concepts such as death. At the same time, she wishes to see parents spending dedicated time together with their children, exploring new things and bonding!

**Callum Goh** is a happy boy with a great imagination. He enjoys playing and drawing. He illustrated this book in support of his Jie Jie's (Sister in Chinese) work.

## A GLIMPSE!

