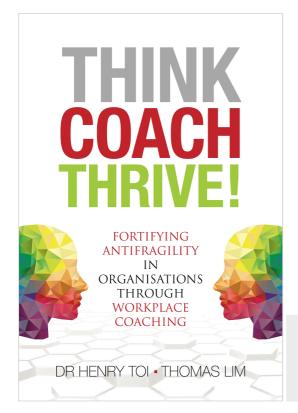


## RELEASE 2023



The quest to fortify antifragility in organisations has never been more urgent. The global operating environment is evolving from being VUCAH - volatile, uncertain, complex, ambiguous and hyperconnected - to BANI - brittle, anxious, nonlinear and incomprehensible. Managers need to unrelentingly seek ways to develop the most valuable asset they are charged with - human capital - to engender a culture, discipline and space where people are inspired to think to thrive through workplace coaching. Dubbed by experts as 'seminal', 'refreshingly prolific', 'novel', 'transformational' and 'thought-provoking', Think. Coach. Thrive! offers people leaders a powerful business model that unlocks human potential and develops antifragility, a characteristic of resilience that defies stressors, impelling one to bounce back even stronger when under stress. Authors Dr Henry Toi and Thomas Lim inventively juxtapose mainstream psychological methods and theories with usable, hands-on leadership applications through a coach's eyes. Their distinctive PEARLS Coaching Framework methodically guides managers to lead by coaching employees, and in the process, build trust, crystallise goals and move organisations bravely towards their visions. Rich in stories, characters and concepts, the book is easy to grasp, practical, yet fun. It presents business leaders a compass that intuitively harnesses the pearl of every workplace - people.

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## <u>ABOUT THE AUTHORS</u>





DR HENRY TOI is co-founder and Managing Director of Thrive Consulting. His corporate career spans several decades in a number of organisations, including the Monetary Authority of Singapore, Shell Singapore, Standard Chartered Bank and OCBC. Next, he founded several businesses, notably Brain Capital Group and Nurture Craft. His other books include *Habits of S.U.C.C.E.S.S.* and *Think to Thrive: Re-engineering Your Mind for Growth* THOMAS LIM is the Dean of Thrive Consulting and a Master Trainer for the PEARLS Coaching Framework. He is an official member of the Forbes Coaches Council, an accredited Professional Certified Coach (PCC) with the International Coaching Federation (ICF). Prior, for two decades, he held leadership positions in both the private and public sectors, including SportSG and Infocomm Media Authority of Singapore. He currently holds Board and Advisory positions in several private sector enterprises.

## PRAISE FOR THINK, COACH, THRIVE!

The authors provide a different take to business transformation from the usual books on the subject: coaching with a model to boot. They do an excellent job of showing how it can be done in several bite-sized chapters.

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This book is destined to become seminal in the field of coaching. It has the most rigorous and yet intuitive framework in terms of substance.

KENNETH TAN = Chairman = Singapore Film Society